

# STOP MOSQUITO BITES

Some mosquitoes can carry diseases that make people sick and may sometimes cause death!

## How you can protect yourself:

- ✓ Put screens on open doors and windows.
- ✓ Fix holes in screens and fill cracks next to screens.
- ✓ Put mosquito netting over playpens and baby carriages when you are outside.
- ✓ At sunrise and sunset and into the evening, wear long-sleeved shirts and long pants.
- ✓ Limit children's outside play time at sundown. (Mosquitoes are most active at sundown.)
- ✓ Use bug spray with DEET,\* but:
  - DO NOT use bug spray with more than 30% DEET.
  - DO NOT use bug spray with DEET on infants.
  - DO NOT get bug spray in children's eyes.

\* N, N-diethyl-meta-toluamide



For more information call the  
RI Department of Health at 1-800-942-7434  
or visit our web site at [www.health.ri.gov](http://www.health.ri.gov)

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# GET RID OF MOSQUITOES

Some mosquitoes can carry diseases that make people sick and may sometimes cause death!

Mosquitoes lay their eggs in water that collects in cans, tires, clogged gutters, or anything else that holds unmoving water. Just one cup of standing water can produce 1000s of mosquitoes!

## How you can get rid of them:

- ✓ Get rid of buckets, cans, old tires, junk, or anything else around your house and yard that collects water.
- ✓ Change the water in birdbaths at least two times a week.
- ✓ Clean your gutters so they drain.
- ✓ Remove water from unused boats or swimming pools. Then, cover them.
- ✓ Ask your neighbors do the same things!



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